

FC CYMRU



THE FAW TROPHY FINAL



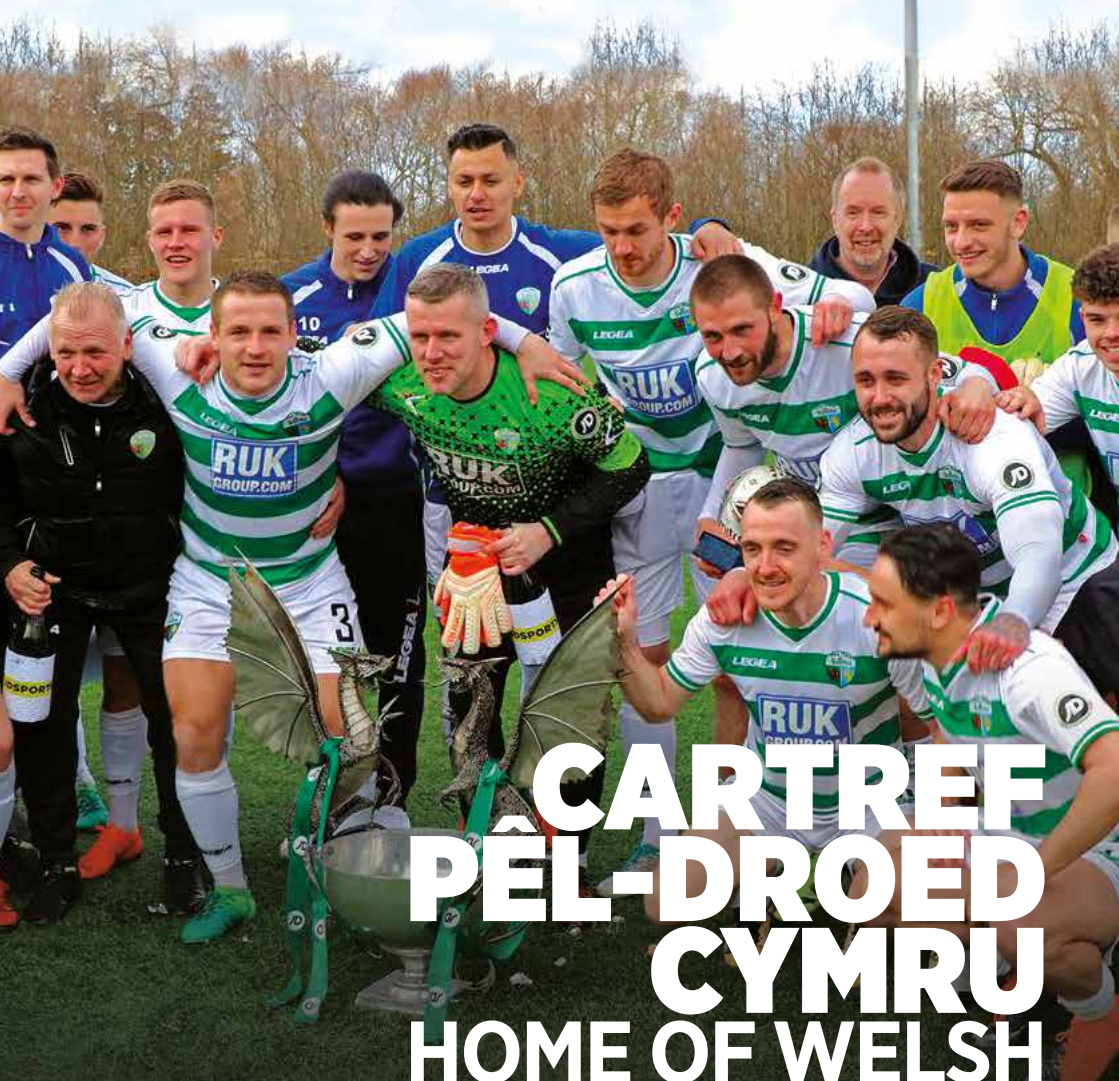
**PONTARDAWE
TOWN**

V

CEFN ALBION

13.04.19 KO 1:30PM
PARK AVENUE, ABERYSTWYTH

S4C



CARTREF PÊL-DROED CYMRU HOME OF WELSH FOOTBALL

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CYMRU

FC CYMRU OUR FOOTBALL CLUB

From Bala to Bale and everything in between

WELCOME TO FC CYMRU – THE
MATCHDAY MAGAZINE FOR TODAY'S
FAW TROPHY FINAL.

FC Cymru brings you features and details on
the Final opponents as Pontardawe Town and
Cefn Albion go head-to-head.

Remember that you can also catch the regular
FC Cymru webshow across the FA Wales
website, Facebook page and YouTube channel
for even more features on football in Wales.

Welsh football is wonderfully eclectic, diverse,
and full of amazing people doing fantastic
things. Mostly completely off their own backs,
giving up their time for their love of the game
and their love of their community. FC Cymru is
here to tell that story.

We wish all the teams the very best of luck and
really hope that the team and players enjoy the
experience regardless of the result.

Diolch,
The Editor

Use your smartphone
to scan the QR code
to watch FC Cymru -
the webshow



FC CYMRU EIN CLWB PÊL-DROED

O'r Bala i Bale a phopeth rhwng y ddau

CROESO I FC CYMRU – Y RHAGLEN
GYLCHGRAWN AR GYFER ROWND
TERFYNNOL TLWS CBDC HEDDIW.

Mae gan FC Cymru bortreadau a manylion
am y ddau dîm wrth CPD Tref Pontardawe a
Chefn Albion gystadlu am y gwpan.

Cofiwch y gallwch chi hefyd wylto rhaglen
FC Cymru ar y we ar wefan, tudalen
Facebook a sianel YouTube CBD Cymru ar
gyfer rhagor o straeon am bêl-droed yng
Nghymru.

Mae pêl-droed Cymru yn eclectig,
amrywiol ac yn llawn pobl anhygoel yn
gwneud gwaith gwych. Yn aml iawn, maen
nhw'n gwneud hynny yn wirfoddol, gan roi
eu hamser oherwydd cariad at y gêm a'u
cymuned. Mae FC Cymru yma i ddweud y
straeon hynny.

Hoffwn ddymuno pob lwc i'r timau a
gobeithio i'r chwaraewyr a'u cefnogwyr
fwynhau'r profiad beth bynnag fydd y
canlyniad.

Diolch,
Y Golygydd

CYMRU



CLUB HISTORY

PONTARDAWE TOWN

ALTHOUGH THE PRESENT CLUB WAS FOUNDED IN 1947, FOOTBALL IN PONTARDAWE CERTAINLY STRETCHES BACK OVER 100 YEARS.

A Pontardawe club was among the members of the earliest Swansea League and won the championship in 1899-1900. The club went on to join the Swansea and District League in the early 1900's but disbanded during the Second World War. Reformed as Pontardawe Athletic in 1947, the town club entered the Welsh League. By 1980 they dropped to the lowest division. A period of comparative success followed in the early 1980's, reaching the quarter-finals of the Welsh Cup. Competing in the Premier Division for only the second time in their history in 1982-83, Pontardawe Athletic managed to lift the West Wales Senior Cup, but the club went into decline again. However, the club recovered under the adopted name of Pontardawe Town, and established themselves in the Welsh League over the course of the next two decades, and enjoyed a consistent period of success at youth team level. The club recently relocated to Parc Ynysderw and the committee has invested time and money to bring the ground to Welsh League standard. The aim now is to build and sustain a successful community football club and to strengthen the bond between the club and its community.



HANES Y CLWB

TREF PONTARDAWE

ER I'R CLWB PRESENNOL GAEL EI SEFYDLU YM 1947, MAE PÊL-DROED YM MHONTARDAWE YN BENDANT YN YMESTYN YN ÔL DROS 100 MLYNEDD.

Roedd clwb o Bontardawe ymhlith aelodau Cynghrair cynharaf Abertawe gan ennill y bencampwriaeth ym 1899-1900. Aeth y clwb ymlaen i ymuno â Chynghrair Abertawe a'r Cylch ddechrau'r 1900au ond fe aethant ar wasgar yn ystod yr Ail Ryfel Byd. Ail-ffurfiwyd y clwb fel Pontardawe Athletic ym 1947 yng Nghynghrair Cymru. Erbyn 1980, roeddent yn yr adran isaf. Daeth cyfnod o lwyddiant cymharol ddechrau'r 1980au wrth iddynt gyrraedd rownd yr wyth olaf yng Nghwpan Cymru. Gan gystadlu yn yr Uwch Adran am yr ail dro yn unig yn eu hanes ym 1982-83, llwyddodd Pontardawe Athletic i godi Uwch Gwpan Gorllewin Cymru, cyn dirywio fel clwb unwaith yn rhagor. Ond dychwelyd a wnaethant i'r byd pêl-droed ac ail-sefydlu o dan yr enw Tref Pontardawe. Llwyddodd y tîm i sefydlu eu hunain yng Nghynghrair Cymru dros y ddau ddegawd nesaf, a mwynhau cyfnod cyson o lwyddiant ar lefel ieuencid. Yn ddiweddar, symudodd y clwb i Barc Ynysderw ac mae'r pwyllgor wedi buddsoddi amser ac arian i sicrhau bod y maes yn bodloni safonau Cynghrair Cymru. Y nod nawr yw adeiladu a chynnal clwb pêl-droed cymunedol llwyddiannus ac i gryfhau'r berthynas rhwng y clwb a'r gymuned.

ROUTE TO THE FINAL

ROUND 2	15/09	MORRISTON TOWN	1-4	PONTARDAWE TOWN
ROUND 3	27/10	ABERBARGOED BUDS	0-2	PONTARDAWE TOWN
ROUND 4	24/11	ABERTILLERY BLUEBIRDS	3-5	PONTARDAWE TOWN (AET)
ROUND 5	12/01	PONTARDAWE TOWN	3-2	SWANSEA UNIVERSITY
QUARTER FINALS	09/02	PLAS MADOC	2-4	PONTARDAWE TOWN
SEMI FINALS	16/03	PONTARDAWE TOWN	4-0	BODEERN



HANES Y CLWB

CEFN ALBION

CLUB HISTORY

CEFN ALBION

CEFN ALBION IS A VOLUNTARY FOOTBALL CLUB BASED IN THE VILLAGE OF CEFN MAWR, WREXHAM IN NORTH WALES THAT COMPETE IN THE WELSH NATIONAL LEAGUE'S PREMIER DIVISION (TIER 3).

Following a number of years without a lower ranked team within the village, a small group of people, including Haydn Evans and Dean Morris, who had represented past Cefn teams in the past, felt the urge to give something back to the younger people of their generation. In June 2013, Cefn Albion were formed.

In their very first season the club won the North East Wales League (tier 5) title and four out of a possible five cups that were available. The team were promoted to the Welsh National League Division One based in the

Wrexham area. Albion hit the ground running and claimed another title. The committee of the club then made a bold decision to focus on local teenage players through the formation of a reserve team which has massively benefited the club, with several of those youngsters now established in the first team squad.

In 2016/2017, the club defeated FC Nomads 4-2 in the League Cup final. Also, the club announced the exciting news that they had formed an official working partnership with their Welsh Premier League neighbours Cefn Druids with part of the agreement meaning that the club would relocate to the Rock. The foundations of the club are built on commitment and dedication with an ethos to support any player that wants to represent Cefn Albion.

MAE CEFN ALBION YN GLWB PÊL-DROED GWIRFODDOL YM MHENTREF CEFN MAWR, WRECSAM SY'N CYSTADLU YN UWCH ADRAN CYNGHRAIR CYMRU (HAEN 3).

Ar ôl nifer o flynyddoedd heb dîm yn y rhengoedd is, teimlodd grŵp bach o bobl y pentref, a oedd yn cynnwys Haydn Evans a Dean Morris, ill dau wedi cynrychioli timau Cefn yn y gorffennol, bod angen rhoi rhywbeth yn ôl i'r genhedlaeth ifanc leol. Ym mis Mehefin 2013, ffurfiwyd Cefn Albion.

Yn eu tymor cyntaf, enillodd y clwb Gynghrair Gogledd-ddwyrain Cymru (haen 5) a phedwar allan o bum cwpan bosib. Cafodd y tîm ei ddyrchafu i Adran Un Cynghrair Cymru yn ardal Wrexham. Roedd Albion ar dân, ac aethant

ymlaen i ennill y gynghrair eto. Yna, daeth penderfyniad mentrus gan bwyllgor y clwb i ganolbwyntio ar chwaraewyr ifanc lleol drwy ffurfio ail dîm, sydd wedi bod o fantais enfawr i'r clwb, gyda llawer o'r chwaraewyr ifanc hynny bellach wedi'u sefydlu yn y tîm cyntaf.

Yn 2016/2017, curodd y clwb y Nomadiaid 4-2 yn rownd derfynol Cwpan y Gynghrair. Hefyd, cyhoeddodd y clwb newyddion cyffrous ei fod wedi ffurfio partneriaeth waith swyddogol gyda'i gymdogion yn Uwch Gynghrair Cymru, Derwyddon Cefn, gyda rhan o'r cytundeb yn golygu y byddai'r clwb yn adleoli i'r Graig (the Rock). Mae sylfeini'r clwb wedi'u hadeiladu ar ymrwymiad ac ymroddiad gydag ethos i gefnogi unrhyw chwaraewr sydd eisiau cynrychioli Cefn Albion.

ROUTE TO THE FINAL

ROUND 2	15/09	JOHNSTOWN YOUTH	2-6	CEFN ALBION
ROUND 3	27/10	SALTNEY TOWN	0-6	CEFN ALBION
ROUND 4	24/11	CEFN ALBION	6-2	FC NOMADS OF CONNAH'S QUAY
ROUND 5	12/01	CEFN ALBION	3-0	BOW STREET
QUARTER FINALS	09/02	CORWEN	3-5	CEFN ALBION
SEMI FINALS	16/03	CEFN ALBION	3-1	STM SPORTS (AET)

MANAGER'S NOTES

FC CYMRU CAUGHT-UP WITH BOTH MANAGERS DURING THE COURSE OF THEIR RESPECTIVE CAMPAIGNS TO TALK ABOUT THE IMPORTANCE OF SUCH A MEMORABLE CUP RUN AND WHAT THE FAW TROPHY MEANS TO BOTH CLUBS. HERE'S WHAT THEY HAD TO SAY ON THEIR WAY TO REACHING THE SHOWPIECE FINAL.



"It's always good to have a cup run," explained Cefn Albion manager Steve Davies. "We're midway in the table so to reach both the final of the FAW Trophy and the final of the League Cup has been great for us this season. It's brilliant for the club and the community as a whole. We get fantastic support from the village and we had plenty of support at Newtown in the semi-final to add to the occasion. We don't have any players that live further than two miles outside the village, the nucleus of our squad are local Cefn lads, and long may that continue. We have a good mix of youth and experience. They have a real passion to play for their local club and it shows in the team spirit that we have."

SEMI-FINAL HERO

Conner Kendrick scored a crucial goal in the surprise semi-final victory over STM Sports to put his side ahead in extra-time.

Meanwhile, Pontardawe Town manager Andrew Stokes highlighted the opportunity presented to bring through more players from the youth ranks at the club. "As a club it's the first time that we've entered the competition," he explained. "We've had a tough run of games to get here with a few difficult away ties. My background as a coach is in developing youngsters and we've introduced three 16-year players into the senior squad this season, which is great for us. It might sound a bit cliché, but there's a great togetherness in the squad, and we've got goals in our team as well."

SEMI-FINAL HERO

Tom Blizzard was the two goal hero for Pontardawe Town in the semi-final victory over Bodedern Athletic. After coming through the junior ranks at the club, Tom has returned after a spell playing rugby, and has put in some outstanding performances with the reserves and senior team.

SGWRS Â'R RHEOLWYR

YN YSTOD EU HYMGYRCHOEDD, MAE FC CYMRU WEDI ACHUB AR Y CYFLE I DRAFOD PA MOR BWYSIG YW TEITHIAU COFIADWY'R DDAU GLWB YN Y GWPAN A BETH MAE TLWS CBDC YN EI OLYGU IDDYN NHW. DYMA BETH OEDD GANDDYN NHW I'W DDWEUD AM GYRRAEDD Y ROWND DERFYNNOL.



"Mae hi wastad yn dda cystadlu yn y gwpan," meddai rheolwr Cefn Albion, Steve Davies. "Rydyn ni yng nghanol y tabl felly mae cyrraedd rownd derfynol Tlws CBDC a rownd derfynol Cwpan y Gynghair wedi bod yn wych i ni'r tymor yma. Mae'n wych i'r clwb a'r gymuned gyfan. Rydyn ni'n cael cefnogaeth frwd iawn gan y pentref ac roedd digon o gefnogaeth yn y Drenewydd yn y rownd gynderfynol i ychwanegu at yr achlysur. Does gennyn ni ddim chwaraewyr sy'n byw mwy na dwy filltir y tu allan i'r pentref, a bechgyn lleol Cefn yw cnewyllyn ein carfan ni, gan obeithio y bydd hynny'n parhau. Mae gennyn ni gymysgedd dda o ieuencid a phrofiad. Maen nhw'n angerddol dros ben i gael chwarae i'w clwb lleol, ac mae hynny'n dangos yn ysbryd y tîm."

ARWR Y ROWND GYNDERFYNNOL

Sgoriodd Conner Kendrick ddwy yn y fuddugoliaeth annisgwyl dros STM Sports yn y rownd gynderfynol gyda'r ergydwr yn cadarnhau ei le yn hanes y clwb.

Ar y llaw arall, soniodd rheolwr Pontardawe, Andrew Stokes, fod cystadlu yn y gwpan wedi bod yn gyfle i ddatblygu mwy o chwaraewyr ifanc o rengeodd ieuencid y clwb. "Fel clwb, dyma'r tro cyntaf i ni gystadlu yn y gwpan," eglurodd. "Rydyn ni wedi brwydro drwy sawl gêm anodd i gyrraedd yma, yn arbennig oddi cartref. Mae fy nghefndir fel hyfforddwr mewn datblygu chwaraewyr ifanc ac rydyn ni wedi cyflwyno tri chwaraewr 16 oed i'r garfan gyntaf y tymor yma, sy'n wych i ni. Efallai ei fod yn swnio fel cliché, ond mae agosatwydd anhygoel o fewn y garfan."

ARWR Y ROWND GYNDERFYNNOL

Sgoriodd Tom Blizzard ddwy gôl i Bontardawe yn eu buddugoliaeth dros Fodedern Athletic yn y rownd gynderfynol. Ar ôl datblygu drwy rengeodd ieuencid y clwb, mae Tom wedi dychwelyd ar ôl cyfnod yn chwarae rygbi, ac wedi perfformio'n eithriadol i'r ail dîm a'r tîm cyntaf.



SEMI-FINAL ROUND-UP

Cefn Albion of the Welsh National League Premier division came from behind to seal a 3-1 extra-time win with 10-men against STM Sports to reach their first ever national final.

However, it was STM Sports who took the lead in the 59th minute from the penalty spot after Albion's Nathan Williams fouled Andy Gardner with a clumsy challenge, and Josh Graham confidently converted the spot-kick to break the deadlock. Just four minutes later, referee James Walker awarded a second penalty of the afternoon and Oliver Davies scored to send the vocal Albion crowd into raptures. Albion's task was made more difficult with 15 minutes to go, when left-back Jordan Jones was shown red by Walker following two cautions in the same incident.

Despite the numerical deficit, Albion could have won the tie in 90-minutes, but STM goalkeeper Exauce Dimonekene made three excellent saves, including one from substitute Connor Kendrick, in the 89th minute to keep the scores tied. The match went to extra-time, but STM Sports were unable to make their extra man count. Kendrick gave his side

the lead for the first time in the tie on 113 minutes, and fellow substitute Zak Davies sealed the victory much to the delight of the Cefn Albion faithful on 118 minutes.

In the second semi-final at Newtown, Pontardawe Town ensured that the Welsh Football League will be represented in the final as they beat Bodedern Athletic of the Welsh Alliance League. After a slow start, the game came to life in the 40th minute when Bodedern goalkeeper Jordan Taylor denied an obvious goalscoring opportunity in his penalty area and was shown a red card by referee Kim Fisher.

Tom Blizzard scored from the spot after midfielder Shaun Jenkins replaced the dismissed keeper, and then struck his and Pontardawe's second goal just a minute later to give the West Wales side a 2-0 half-time lead.

Kurtis Rees made it 3-0 with a clinical shot from outside the box with 53 minutes played, and ex-Carmarthen Town forward Liam Griffiths rounded things off in the 79th minute to send the side through to the final in convincing style.

TLWS CBDC

CRYNODEB O ROWNDIAU TERFYNOL

Brwydrodd Cefn Albion, y tîm o Uwch Adran Cynghrair Cymru, yn ôl i ennill 3-1 yn ystod amser ychwanegol yn erbyn STM Sports, a hynny gyda 10 dyn, i gyrraedd eu rownd derfynol genedlaethol gyntaf erioed.

STM Sports aeth ar y blaen ar ôl 59 munud gyda chic o'r smotyn ar ôl i Nathan Williams gyflawni trosedd drwsgwl yn erbyn Andy Gardner. Sgoriodd Josh Graham o'r smotyn heb drafferth i roi ei dîm ar y blaen. Dim ond 4 munud yn ddiweddarach, daeth ail gic gosb y gêm gan y dyfarnwr James Walker a sgoriodd Oliver Davies o'r smotyn gan anfon torf swillyd yr Albion yn wyllt! Daeth tasg Cefn Albion yn anoddach wrth i Walker ddangos y cerdyn coch i'r cefnwr chwith Jordan Jones gyda chwarter awr o'r gêm yn weddill, a hynny ar ôl dau rybudd yn yr un digwyddiad.

Er gwaetha'r gwahaniaeth mewn niferoedd, daeth Albion yn agos at ennill o fewn y 90 munud, a gall STM ddiolch i'w gôl-geidwad, Exauce Dimonekene, am eu cadw yn y gêm cyhyd gyda thri arbediad arbennig, gan gynnwys arbed ergyd yr eilydd Connor Kendrick ar ôl 89 munud i gadw'r sgôr yn gyfartal. Aeth y gêm i amser ychwanegol, ond methodd STM Sports yn llwyr â gwneud i'r

dyn ychwanegol gyfrif. Rhoddodd Kendrick ei dîm ar y blaen am y tro cyntaf yn y gêm ar ôl 113 munud, a daeth gôl arall gan eilydd arall, Zak Davies, i sicrhau'r fuddugoliaeth ar ôl 118 munud, er mawr lawenydd i gefnogwyr ffyddlon Cefn Albion.

Yn yr ail gêm gynderfynol yn Nhrenewydd, sicrhodd Pontardawe y byddai cynrychiolaeth o Gynghrair Pêl-droed Cymru yn y rownd derfynol wrth iddyn nhw guro Bodedern Athletic o Gynghrair Undebol y Gogledd (neu'r Welsh Alliance). Ar ôl dechrau digon araf, daeth y gêm yn fyw ar ôl 40 munud wrth i gôl-geidwad Bodedern, Jordan Taylor, wadu cyfle amlwg i sgorio yn ei gwrth cosbi a gweld y cerdyn coch gan y dyfarnwr Kim Fisher.

Sgoriodd Tom Blizzard o'r smotyn ar ôl i'r canolwr Shaun Jenkins ddod ymlaen yn lle'r gôl-geidwad, a sgorio ail i Bontardawe dim ond munud yn ddiweddarach i roi'r tîm o'r gorllewin ar y blaen 2-0 hanner amser. Sgoriodd Kurtis Rees i'w gwneud hi'n 3-0 gydag ergyd glinigol o du allan i'r cwrtyd gyda 53 munud o'r gêm wedi'u chwarae a daeth pedwerydd gan gyn flaenwr Caerfyrddin, Liam Griffiths, ar ôl 79 munud gan sicrhau lle Pontardawe yn y rownd derfynol mewn steil.



FLASHBACK TO THE 2018 FINAL AS CONWY LIFT THE TROPHY

Rhos Aelwyd **1-4** Conwy Borough 7th April 2018 Airbus UK Broughton

THREE SECOND HALF GOALS IN THE SPACE OF JUST 15 MINUTES SAW CONWY BOROUGH WIN THE FAW TROPHY FINAL AGAINST RHOS AELWYD.

The Welsh Alliance League leaders ran out 4-1 winners, but had to come from behind to secure their second title in the competition, 36-years after their first success in 1982. The first 45-minutes were very evenly matched with Rhos having the first real chance of the game on 17 minutes. Jamie Rogers latched onto a loose goal-kick, but after shrugging off a Borough defender, but his shot was saved by goalkeeper Ben Heald.

Matt Hughes then had a chance for Conwy after some good work by Anthony Williams freed him on the edge of the area, but his shot went over the bar. Borough went close again just after the half hour, Jamie Roberts curling a fine shot onto the post. Rhos then opened the scoring a few minutes later, James Haynes getting onto a through ball down the right, cutting inside and firing home from a tight angle past Heald.

Conwy pressed for an equaliser before the break and found it through Leigh Craven, the midfielder capping off a good team move with a one-two before slotting home past Steffan Parry. Conwy then took control after the break. Brendan Hogan put his side in front somewhat unintentionally, as his cross was misjudged by Parry and ended up in the net. It was 3-0 on 57 minutes following good work from Borough striker Dean Seager freeing up Corrig McGonigle who prodded the ball past Parry to score.

Rhos looked to regroup, and almost had a second as good hold-up play from Haynes teed-up substitute Adam Griffiths, but he could only fire wide. The miss proved costly two minutes later, as a moment of individual brilliance from Tommy Creamer saw him weave past two Rhos defenders to score. That proved to be the end of the scoring as the Tangerines deservedly claimed the Trophy.

BWRW GOLWG YN ÔL AR ROWND DERFYNOL 2018 PAN ENILLODD CONWY'R TLWS

Rhos Aelwyd **1-4** Conwy Borough 7 Ebrill 2018 Airbus UK Brychdyn

DIOLCH I DAIR GÔL MEWN DIM OND 15 MUNUD, CONWY OEDD YN FUDDUGOL YN ROWND DERFYNOL TLWS CBDC YN ERBYN RHOS AELWYD.

Arweinwyr Cynghair Undebol y Gogledd a enillodd 4-1, ond roedden nhw'n gorfod brwydo'n ôl i sicrhau Tlws CBDC am yr ail dro, 36 mlynedd ar ôl iddynt ei ennill am y tro cyntaf ym 1982. Digon cyfartal oedd y 45 munud cyntaf, a daeth y cyfle go iawn cyntaf i Rhos ar ôl 17 munud. Bachodd Jamie Rogers ymlaen i gic gôl, ond ar ôl cael gwared ar amddiffynnydd Conwy, glaniodd ei ergyd yn nwylo'r gôl-geidwad Ben Heald.

Daeth cyfle i Matt Hughes o dîm Conwy yn dilyn chwarae gwych gan Anthony Williams i'w ryddhau ar ymylon y cwrt, ond hedfanodd ei ergyd dros y bar. Aeth Conwy yn agos eto, ychydig ar ôl hanner awr, gyda Jamie Roberts yn cyrrio ergyd arbennig ar y postyn. Yna, sgoriodd Rhos gôl gyntaf y gêm ychydig funudau'n ddiweddarach, gyda James Haynes yn cael gafael ar bêl a gafodd ei bwydo lawr y dde, yn torri tu mewn ac yn anfon y bêl heibio Heald o ongl dynn iawn.

Pwysodd Conwy i unioni'r sgôr cyn yr egwyl a llwyddo i wneud hynny drwy Leigh Craven, gyda'r canolwr yn coroni symudiad gwych gan y tîm i roi'r bêl yng nghefn rhwyd Steffan Parry. Roedd Conwy yna'n rheoli'r gêm ar ôl yr egwyl. Aethant ar y blaen diolch i Brendan Hogan, er efallai yn anfwriadol, wrth i Parry gamddeall ei groesiad ac fe aeth y bêl i gefn y rhwyd. Roedd hi'n 3-0 ar ôl 57 munud yn dilyn ymdrech wych gan ergydiwr Conwy, Dean Seager a lwyddodd i ryddhau Corrig McGonigle a aeth ymlaen i brocio'r bêl heibio Parry i sgorio.

Ceisiodd Rhos ailymgynnull, a bron iddyn nhw sgorio ail wrth i Haynes greu cyfle i'r eilydd Adam Griffiths, ond aeth ei ergyd yn llydan. Talodd yn ddrud am hynny ddau funud yn ddiweddarach wrth i Tommy Creamer, mewn ennyd unigol ddisglair, wehyddu drwy ddau o amddiffynwyr Rhos i sgorio. A dyna ddiwedd y sgorio, a diwedd y gêm, a'r 'Tangerines' yn llawn haeddu cael eu bachau ar y Tlws.



THE FAW TROPHY

THE HISTORY OF THE FAW TROPHY

The FAW Trophy has been competed for since 1890/91 when Wrexham Victoria first claimed success in the competition with a 4-1 victory over Flint Town at the Racecourse. Originally known as the Welsh Junior Cup until 1902, the title was changed to the Welsh Amateur Cup until 1974, and subsequently the FA Intermediate Cup. Since 1993 the competition has been known as the FAW Trophy and here is a list of winners under its current name.

HANES TLWS CBDC

Mae timau wedi bod yn cystadlu am Dlws CBDC ers 1890/91 pan hawliodd Wreccsam Victoria lwyddiant yn y gystadleuaeth gyntaf gyda buddugoliaeth 4-1 dros y Fflint ar y Cae Ras. Cwpan Iau Cymru, neu'r 'Junior Cup' oedd yr enw gwreiddiol ar y gystadleuaeth. Cafodd yr enw hwnnw ei newid i Gwpan Amatur Cymru tan 1974, ac yna Cwpan Canolradd CBDC. Ers 1993, Tlws CBDC yw'r enw ar y gystadleuaeth a dyma restr o enillwyr o dan ei henw presennol.

WINNERS

1993/94	BARRY TOWN	2-1	ABERAMAN
1994/95	RHYDYMWYN	1-0	TAFFS WELL
1995/96	RHYDYMWYN	2-1	PENRYNCOCH
1996/97	CAMBRIAN UNITED SKY BLUES	2-1	RHYL DELTA
1997/98	DINAS POWYS	2-0	LLANRWST
1998/99	RAGGED SCHOOL	3-1	BARRY ATHLETIC
1999/00	TREFELIN BGC	6-2	BRYNTIRION ATHLETIC
2000/01	RAGGED SCHOOL	1-0	GRESFORD ATHLETIC
2001/02	CEFN UNITED	2-0	LLANGEINOR
2002/03	RHYDYFELIN ZENITH	4-1	TILLERY
2003/04	PENYCAE	3-2	LLANRHAEDR
2004/05	WEST END	3-1	RHYDYMWYN
2005/06	WEST END	4-2	CEFN UNITED
2006/07	BRYMBO	6-2	GLAN CONWY
2007/08	RHOS AELWYD	4-2	CORWEN
2008/09	RAGGED SCHOOL	1-0	PENYCAE
2009/10	GLAN CONWY	5-1	CLYDACH WASPS
2010/11	HOLYWELL TOWN	3-2	CONWY UNITED
2011/12	SULLY SPORTS	2-1	HOLYHEAD HOTSPUR
2012/13	CAERNARFON TOWN	6-0	KILVEY FORDS
2013/14	LLANRUG UNITED	3-2	CHIRK AAA
2014/15	HOLYWELL TOWN	4-2	PENRHYNDEUDRAETH
2015/16	ABERGAVENNY TOWN	1-0	SULLY SPORTS
2016/17	CHIRK AAA	2-1	PENLAN CLUB
2017/18	CONWY BOROUGH	4-1	RHOS AELWYD

FAW FEMALE REFEREE COURSE



THE FOOTBALL ASSOCIATION OF WALES WILL HOST IT'S FIRST FEMALE REFEREE COURSE NEXT MONTH. THE COURSE IS SPECIALLY FOCUSED ON FEMALES WHO WISH TO START OFFICIATING, WITH A NUMBER OF ELITE FEMALE, FIFA QUALIFIED REFEREES TAKING THE FINAL SESSION. WE SPOKE TO TWO OF OUR OWN FEMALE FIFA OFFICIALS ABOUT THE INITIATIVE RECENTLY AS FC CYMRU CAUGHT-UP WITH CHERYL FOSTER AND LAURA GRIFFITHS.

"It's great to see how much backing the FAW are giving to females in football," said Foster. "The all-female FAW coaching courses have been a success with a high number of participants, so it would be great to get the same numbers for a referees course. The course I attended was all male, and most I have been to are male dominant. This is the same across all of Wales. It's likely that this will have put off some females in the past as it can be intimidating. Countries across Europe have been running all female courses, training and conferences for years and their number of female officials is much larger, so it proves it works and has a high success rate of participation. Now we are doing the same, it will encourage females to try the course out with their peers and see if they enjoy it and hopefully we have more girls officiating in our leagues."

As a former Welsh international herself, Foster took up the whistle in order to stay involved in the game following her retirement, and has

now progressed to the FIFA list and officiates in the JD Welsh Premier League. Meanwhile, Griffiths became a FIFA assistant referee in 2017 and officiates both domestically and across Europe following her decision to pursue an alternative career in the game.

"With the interest of the women's game ever increasing in popularity, this is a perfect opportunity to recruit female officials," added Griffiths. "It's very important. The main benefits include being role models to other females to then hopefully, with enough interest, run another female course in the future. Personally, refereeing has helped me massively. I have become a much more confident person. Over the years, I have made some friends for life through refereeing. With the right attitude and commitment, you can progress quickly up through the football pyramid. Just remember, there is always support out there, whether it be through your fellow colleagues or the FAW."

Find out more about the course, and other refereeing courses run by the FAW, at

www.becomearef.wales



THE GAME NEEDS YOU!



FEMALE ONLY REFEREE COURSE SUNDAY 12 MAY DRAGON PARK, NEWPORT

BECOME A FULLY QUALIFIED REFEREE FOR £80

Candidates will need to complete a number of online modules prior to the practical delivery day on 12 May (approx 10hrs)
Delivered by a team of female only instructors

Certificate on completion

Full referee kit included

Great opportunities to progress with full mentoring support

No previous experience needed

For more information or to register:
www.becomearef.wales



CWRS CBD AR GYFER DYFARNWYR BENYWAIDD

BYDD CYMDEITHAS BÊL-DROED CYMRU YN CYNNAL EI CHWRS DYFARNU CYNTAF AR GYFER MENYWOD YM MIS MAI. MAE'R CWRS YN CANOLBWYNTIO'N BENODOL AR FENYWOD SY'N DYMUNO BOD YN SWYDDOGION, GYDA NIFER O DDYFARNWYR CYMWYS ELÎT BENYWAIDD FIFA YN CYMRYD Y SESIWN OLAF. FE SGWRSION NI Â DWY O'N SWYDDOGION FIFA EIN HUNAIN AM Y FENTER YN DDIWEDDAR WRTH I FC CYMRU GWRDD Â CHERYL FOSTER A LAURA GRIFFITHS.

"Mae'n wych gweld cymaint o gefnogaeth mae CBDC yn ei rhoi i ferched mewn pêl-droed," meddai Foster. "Mae cyrsiau hyfforddi CBDC ar gyfer merched yn unig wedi bod yn llwyddiant gyda llawer iawn yn cymryd rhan, felly byddai'n dda cael yr un rhifau ar gyfer cwrs i ddyfarnwyr. Fi oedd yr unig ferch yn fy nghwrs i, ac mae'r rhan fwyaf o'r cyrsiau dwi wedi bod yn rhan ohonynt nhw wedi bod yn llawn dynion. Mae hyn yn wir dros Gymru gyfan. Mae'n siŵr bod hyn wedi atal rhai merched yn flaenorol, gan fod y sesiynau yn gallu bod yn eithaf brawychus. Mae gwledydd ledled Ewrop wedi bod yn cynnal cyrsiau, hyfforddiant a chynadleddau i fenywod yn unig am nifer o flynyddoedd, ac mae ganddyn nhw lawer mwy o ddyfarnwyr benywaidd. Felly dyma brofi bod hyn yn gweithio, a'i fod yn sicrhau lefelau cymryd rhan uwch. Nawr ein bod ni'n gwneud yr un peth, bydd yn annog merched i roi cynnig ar y cwrs gyda'u cyfoedion a gweld a fyddant yn mwynhau. Gan obeithio y byddwn ni'n gweld mwy o swyddogion benywaidd yn ein gêm."

Fel cyn chwaraewr rhyngwladol ei hun, penderfynodd Foster gamu mewn i'r byd dyfarnu er mwyn parhau i gymryd rhan yn y gêm ar ôl ymddeol, ac mae hi bellach wedi datblygu i restr FIFA ac yn dyfarnu yn Uwch Gynghrair Cymru JD. Ar y llaw arall, daeth Griffiths yn ddyfarnwr cynorthwyol FIFA yn 2017 ac mae hi'n dyfarnu yn ddomestig ac ar draws Ewrop ar ôl iddi benderfynu mynd ar drywydd gyrfarall yn y gêm.

"Gyda diddordeb yng ngêm y merched yn cynyddu bob dydd, mae hwn yn gyfle perffaith i recriwtio swyddogion benywaidd," ychwanegodd Griffiths. "Mae'n bwysig iawn. Mae'r prif fanteision yn cynnwys bod yn fodolau rôl i ferched eraill, ac yna gobeithio, os bydd digon o ddiddordeb, cynnal cwrs arall i fenywod yn y dyfodol. Yn bersonol, mae dyfarnu wedi fy helpu i gryn dipyn. Rydw i wedi dod yn berson llawer mwy hyderus. Dros y blynyddoedd, rydw i wedi gwneud ffrindiau oes drwy ddyfarnu. Gyda'r agwedd iawn a'r ymrwymiad, fe allwch chi ddatblygu'n gyflym drwy'r pyramid pêl-droed. Cofiwch, mae cefnogaeth lu allan yna, boed hynny drwy eich cydweithwyr neu drwy CBDC."

I ddysgu rhagor am y cwrs, a chysiau dyfarnu eraill a gynhelir gan CBDC, ewch i

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Alex Williams
Andrew Jones

Manager

Steve Davies

V



PONTARDAWE TOWN

Steve Reeve
Dion Carroll
Ben Webb
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Declan Evans
Craig Davies
Tyler Aylward
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Garry Taylor
Kurtis Rees
Callum Dolman
Marc Jones
Cory Saunders
Joshua Dorward
Liam Griffiths
Tom Blizzard
Oliver Schofield
Dan Brigg

Manager

Andrew Stokes

17/04/19 - KO 1:30pm
PARK AVENUE, ABERYSTWYTH

Referee **Mark Petch**
Assistant **Sion Davies**
Assistant **Jordan Christopher**
4th Official **Tom Bevan**